

Women's health

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INVESTMENT: SPECIAL NATIONAL FEATURE/CONTRACT RATES APPLY

Prioritizing health and wellness has never been more important, and the coronavirus pandemic has served to highlight the unique challenges affecting the physical, mental and emotional wellbeing of women. This special feature will highlight the key trends that influence the health decisions of women, including ongoing COVID-19 concerns, socio-economic and political stressors, and the impact of social media on health advice.

Proposed topic highlights:
Advocacy & support – Organizations and initiatives supporting women's health.
Mental health – Access to resources and expert advice.
Cardiovascular health & cancer – Research and recommendations for mitigating risks.
Fertility & sexual health – Advancing understanding and opportunities.

Strategically timed for World Mental Health Day, October 10.

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GET INVOLVED TODAY. CONTACT:
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DIABETES AWARENESS MONTH 

Friday, November 5, 2021 PRODUCED BY DIABETES CANADA FOR THE GLOBE AND MAIL. THE GLOBE AND MAIL'S EDITORIAL DEPARTMENT WAS NOT INVOLVED.

People with diabetes are:

25 times more likely to experience vision loss	12 times more likely to be hospitalized for kidney failure requiring dialysis	Vision -Diabetes is the leading cause of blindness in Canadians under 50
3 times more likely to be hospitalized for heart attack, stroke and heart failure	20 times more likely to be hospitalized for non-traumatic eye, foot and leg amputations	Diabetes reduces lifespan by 5 to 15 years -150,000 Canadians have diabetes-related eye damage that can lead to blindness

Diabetes Canada is the trusted leader in improving the quality of life of every Canadian diagnosed with diabetes by leading to get them the latest knowledge and expertise care they need. Our mission has a priority focus on research, education and prevention to help those affected by diabetes live healthy lives.

In recognition of the 100th anniversary of the discovery of insulin in 1921, the GCM has created 100 ways to help Canadians make the most of their lives. The 100 ways are: 1. Get tested for diabetes. 2. Get educated about diabetes. 3. Get support. 4. Get active. 5. Get healthy. 6. Get inspired. 7. Get motivated. 8. Get informed. 9. Get involved. 10. Get better. 11. Get stronger. 12. Get happier. 13. Get healthier. 14. Get more. 15. Get more. 16. Get more. 17. Get more. 18. Get more. 19. Get more. 20. Get more. 21. Get more. 22. Get more. 23. Get more. 24. Get more. 25. Get more. 26. Get more. 27. Get more. 28. Get more. 29. Get more. 30. Get more. 31. Get more. 32. Get more. 33. Get more. 34. Get more. 35. Get more. 36. Get more. 37. Get more. 38. Get more. 39. Get more. 40. Get more. 41. Get more. 42. Get more. 43. Get more. 44. Get more. 45. Get more. 46. Get more. 47. Get more. 48. Get more. 49. Get more. 50. Get more. 51. Get more. 52. Get more. 53. Get more. 54. Get more. 55. Get more. 56. Get more. 57. Get more. 58. Get more. 59. Get more. 60. Get more. 61. Get more. 62. Get more. 63. Get more. 64. Get more. 65. Get more. 66. Get more. 67. Get more. 68. Get more. 69. Get more. 70. Get more. 71. Get more. 72. Get more. 73. Get more. 74. Get more. 75. Get more. 76. Get more. 77. Get more. 78. Get more. 79. Get more. 80. Get more. 81. Get more. 82. Get more. 83. Get more. 84. Get more. 85. Get more. 86. Get more. 87. Get more. 88. Get more. 89. Get more. 90. Get more. 91. Get more. 92. Get more. 93. Get more. 94. Get more. 95. Get more. 96. Get more. 97. Get more. 98. Get more. 99. Get more. 100. Get more.

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2021 was a milestone year for diabetes with